

PSHE Programme 2017 2018

Week Beginning	Theme	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	
04/09/2017	Who am I and what	What is PSHE and ground rules	careers	Healthy Relationships	What is Mental Health?	What is love?	
11/09/2017		Likes and Dislikes	careers	Marriage	The Stigma of mental health problems	Healthy v Unhealthy relationships	
18/09/2017		What kind of learner am I?	Mental Health	LGBT relationships and marriage	Stress and Anxiety	Dealing with pressure	
25/09/2017		Qualities of a friend	Mental Health	Underage Sex	Mindfulness	What is Mental Health?	
02/10/2017		How am I feeling/ reading body language	Mental Health	Teen Pregnancy	Depression	The Biology of the Brain	
09/10/2017		How am I feeling/ reading body language	Mental Health	STI dangers	Eating Disorders and Self Harm	The Stigma of Mental Health HEAD ED resources	
16/10/2017		Role Models	Mental Health	Unhealthy relationships	Assessment: Reflection on Mental Health	Understanding Depression	
HALF TERM							
30/10/2017	Being a good citizen	Staying Safe	Human Rights	Crime and Punishment	What are British Values?	Eating Disorders	DDD 1 (31/10/17)
06/11/2017		British Values - Who am I?	Childrens Rights	Why do people need punishing?	How do Faiths Differ?	Self Harm	
13/11/2017		Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week	What is needed for Faiths to Coexist?	Anti-Bullying Week	Anti Bullying Week
20/11/2017		Being a good neighbour	What is Parliament	Christian Views of Punishment	A World without Diversity	Extremism/ Radicalisation	
27/11/2017		Rights and Wrongs	Role of MP's voting/ how elections work	Why do Punishments differ around the world	Responsibilities of being British	Why should we vote?	
04/12/2017		Radicalisation in the UK	What happens to young people when we break the law	Capital Punishment	Understanding Migration	Laws and Rules	
11/12/2017		What it means to be British	Nelson Mandela/ Suffragettes - why break the law	Assessment: Capital punishment legal in UK?	Extremism/ Terrorism	Dealing with Anger	
18/12/2017		Assessment: Being a good citizen assessment	Assessment: Being a good citizen assessment	E-safety / Sexting / Digital Reputation	Assessment: Being a good citizen assessment	Keeping a Positive mental attitude	
CHRISTMAS							
08/01/2018	Staying Safe:	Having a healthy mind	Smoking	Delaying Sexual Intercourse/ Peer Pressure	E-safety (sexting)	Responsibilities and talking about sex	
15/01/2018		Dealing with Friendships	E-Cigarettes	Contraception	LGBT equal rights	STI's	
22/01/2018		Resilience: what it means and dealing with set backs	Dangers of Alcohol	CSE (Web of lies)	Transgender and Sexuality	Age of consent	
29/01/2018		How to deal with things when they go wrong	Legal Higs and drug awareness	CSE (Web of lies)	Dangers of Alcohol	Pornography	
05/02/2018		Assessment: Healthy mind	Assessment: Risky behaviours	CSE (Web of lies)	Dangers of being Drunk	Pornography - Sex and the Law	DDD 2 (8/2/18)
HALF TERM							
19/02/2018	Staying Safe: H	Dangers of smoking	Earning Money	Emotional Health and Wellbeing	consent	E-Safety	
26/02/2018		Balanced Diet	Spending Money	Body Confidence	Responsibilities and talking about sex	Dangers of Sexting	
05/03/2018		E-safety	Budgeting	Media & Self Esteem	STI's	How do I stay safe at Parties?	
12/03/2018		Dealing with peer pressure	Credit/ Debit Cards	Building Self Esteem	Contraception 1	Where can I get help if I need it?	
19/03/2018		Drugs and Alcohol	Interest Rates	Building Confidence	Contraception 2	Dangers of Alcohol	
26/03/2018		Assessment: Risky Behaviours	Currencies/ Exchange Rates around the World	Supporting a Friend	Dealing with pressure	Dangers of being Drunk	
EASTER							
16/04/2018	Britishness and	Guru Granth Sahib	What is Conflict?	5 Pillars of Islam	Hinduism - Beliefs about God the Creator	Careers: Looking Forward	
23/04/2018		Sikh Values	Effects of War	Who Was Muhammad - his life and teachings	Living a Hindu Life	Careers: Looking Forward 2	
30/04/2018		Gurdwara	Iraq/ Palestine	Place of Worship/ Pilgrimage	Living a Hindu Life - Karma, actions and deeds	Dealing with Stress	
07/05/2018		5K's - Marketplace	Refugees 1	Islam - Life after Death	Ways of worship	Revision Techniques	
14/05/2018		Bend it Like Beckham	Radicalisation/ Extremism	Jahad - War and Peace	Festivals of Hinduism	Revision Techniques	
21/05/2018		Assesment: Living as a Sikh in the UK	Assessment: The wider world	Assessment: Islam	Assessment: Hindu Evaluations	Creating a revision timetable	
HALF TERM							
04/06/2018	Looking to the future	Personal Hygiene	What happens when we die?	Understand what it means to be a Global Citizen	Careers		
18/06/2018		Introduction to Puberty/ Understanding terms	What do Christians Believe?	Understanding Terrorism/ Extremism/ Spotting the signs of radicalisation	Careers		
25/06/2018		The Reproductive Organs/ menstrual cycle	Belief about the Soul	9/11 and how it changed the World	Careers		
02/07/2018		The law, sex and and media	Heaven and Hell	Assessment: Citizenship	Careers		work experience week DDD 3 (5/7/18)
09/07/2018		Whats ok in a relationship?	Christian Funerals	Skills and Qualities for employment	Careers		
16/07/2018		Assessment: Puberty	Assessment: Christianity	Creating a CV	Careers		